2020 Camp Calendar

Gymnastics Camp

GOLD MEDAL GYMNASTICS CENTERS

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1	Craft: Chain Game: Beam Games	Craft: Torch Game: Torch Relay	Craft: USA Necklace Game: Hula Hoop Toss	Craft: Flipping Gymnast Game: Cone Ball Relay	Craft: Medals Award Ceremony
	Bounce House This Week! (Day TBD)				
2	Craft: Binoculars Game: Tarzan Swing	Craft: Bug Craft: Flowers Game: Monkey See Monkey Do	Craft: Snake Game: Parachute Run	Craft: Fish Bowl Game: Crossing River	Craft: Parrot Game: Cruise Ship Building Contest
	Animal Show! (Day TBD)				
3	Craft: Superhero Cuffs Game: Hot Lava	Craft: Masks Game: Spidey Sense	Craft: Puzzle Game: Catch the Villain	Craft: Shields Game: Superhero Obstacle Course	Craft: Flying Superhero Award Ceremony
	Superheroes come to camp! (Day TBD)				
4	Craft: Beach Ball Game: Beach Ball Game	Craft: Bug Magnet Game: Hula Hoop Musical Chairs	Craft: Ice Cream Game: Cannon Ball	Craft: Sand Art Game: Egg & Spoon Races	Craft: Summer Picture Frame Game: Floor Tic Tac Toe
	Ice Cream Party! (Day TBD)				
5	Trolls World Tour Craft: Microphone Game: Capture the Troll	Toy Story Craft: Forky Game: The Claw	Scooby Doo Craft: Monster Game: Scavenger Hunt Magician!	Minions Craft: Minion Visors Game: Pin the Banana	Frozen 2 Craft: Olaf Game: Snowman Wrap
	DINOMAN Show! (Day TBD)				
6	Craft: Fan Game: Relay Races	Craft: Campfire Game: Hula Hoop Contest	Craft: Sand Art Game: Limbo Balloon Animals	Craft: Sun Game: Beach ball Games	Craft: Sun Catchers Game: Balloon Relay Races
	Characters come to camp! (Day TBD)				
7	Craft: Pinwheels Game: Relay Races	Craft: Beads Game: Crab Soccer Crazy Hair!	Craft: Wacky Hair Game: Steal the Bacon	Craft: Crazy Feathered Parrots Game: Rock Paper Scissors	Craft: Pineapple Game: Pac Man
	Balloon Twisting! (Day TBD)				

Flexible 3 Day Camp
$129.00
Mon - Fri 5 Day Camp
$199.00

Garden City
1100 Stewart Avenue
Garden City, NY 11530

WWW.GMGC.COM
516-357-3636

2020 Camp Calendar

NINJA Camp

GOLD MEDAL GYMNASTICS CENTERS

NINJA ZONE

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1	Skill of the Day: Back Kick Craft: Ninja Place mats	Skill of the Day: Back Fist Craft: Torch	Skill of the Day: Round House Kick Craft: Trapeze	Skill of the Day: Shoulder Forward Roll Craft: Paddle Ball	Skill of the Day: Front Kick Craft: Gold Medals NINJA COMBO!
2	Skill of the Day: Hook Kick Craft: Ninja Stars	Skill of the Day: Reverse Punch Craft: Wobble Egg Ninjas	Skill of the Day: Side Kick Craft: Ninja Nun chucks	Skill of the Day: Forward Roll Craft: Paper Bag Ninja	Skill of the Day: Safety Vault Craft: Origami Stars NINJA COMBO!
3	Skill of the Day: Turn Vault Craft: Flipping Ninja	Skill of the Day: Back Kick Craft: Pipe Cleaner Ninjas	Skill of the Day: Front Kick Craft: Sand Art	Skill of the Day: Cart Craft: Dragon	Skill of the Day: Re-Grip Swings Craft: Ninja Boomerangs NINJA COMBO!
4	Skill of the Day: Knee Strike Craft: Shields	Skill of the Day: Round Kick Craft: Ninja Turtle Plate	Skill of the Day: Split Kick Craft: Ninja Craft Sticks	Skill of the Day: Back Roll Craft: N is for Ninja	Skill of the Day: Elbow Strike Craft: Turtle NINJA COMBO!
5	Skill of the Day: Front Kick Craft: Lego Man	Skill of the Day: Reverse Punch Craft: Lego Masks	Skill of the Day: Back Kick Craft: Ninja Lego Bracelets	Skill of the Day: Shoulder Roll Craft: Ninja Finger Puppets	Skill of the Day: Safety Vault Craft: Batman Cuffs NINJA COMBO!
6	Skill of the Day: Cart Craft: Power Ranger Masks	Skill of the Day: Spinning Back Fist Craft: Ninja Stars HI-YA	Skill of the Day: Sweep Kick Craft: Ninja Head Band	Skill of the Day: Back Roll Craft: Ninja Stress Balls	Skill of the Day: Hook Kick Craft: Face Painting NINJA COMBO!
7	Skill of the Day: Cart Craft: Sand Art	Skill of the Day: Window Escape Craft: Nun chucks	Skill of the Day: Vertical Wall Run Craft: Ninja Lollipops	Skill of the Day: Turn Vault Craft: Dragon	Skill of the Day: Front Kick Craft: Ninja Flips NINJA COMBO!

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NEW for 2020!
Select Any 3 Days
Mon - Fri!
Ask our office for details.