BEGINNER & INTERMEDIATE GROUP COLORS

pink 0 - 3yrs old PRE GYM	yellow 4 - 18yrs old ADVANCED
blue 3 - 6yrs old PRE GYM	orange 6 - 18yrs old TUMBLING
^{green} 6 - 18yrs old	red 3 - 11yrs old NINJA

*Evaluation Required

Note: Schedule is subject to change.

MONDAY

10:30am (walking-3yrs) **Bronze Babies** 45min

11:30am (walking-3yrs) **Bronze Babies** 45min

3:30pm (walking-3yrs) **Bronze Babies 45min

9:30am (3-5yrs) **Silver Stars** 55min

3:30pm (3-5yrs) **Silver Stars 55min

4:40pm (3-5yrs) **Silver Stars** 55min

4:40pm(5yrs) Intro to Rec 60min

5:50pm (3-5yrs) **Silver Stars** 55min

4:00pm (4-6vrs) *Super Silvers 90min

4:30pm (6-10yrs) **Girls Gymnastics** 90min

6:15pm (6-10yrs) **Girls Gymnastics** 90min

5:00pm (6-8yrs) **Beginner Flipping Class** 60min

6:00pm (9yrs+) **Beginner Flipping Class** 60min

7:00pm (9yrs+) Accelerated Class 2hours



TUESDAY 9:30am (12mos-3yrs)

Busy Bees 45min 12:30pm (walking-3yrs) **Bronze Babies**

45min 3:30pm (walking-3yrs) **Bronze Babies** 45min

4:40pm (walking-3yrs) **Bronze Babies 45min

10:30am (3-5yrs) **Silver Stars** 55min

3:30pm (3-5yrs) **Silver Stars** 55min

4:40pm(5yrs) Intro to Rec 60min

**5:50pm (3-5yrs) Silver Stars 55min

6:00pm (4-6yrs) *Super Silvers 90min

4:30pm (6-10yrs) **Girls Gymnastics** 90min

6:15pm (6-10yrs) **Girls Gymnastics** 90min

6:15pm (11yrs+) **Girls Gymnastics** 90min

5:00pm (6-8yrs) Beginner Flipping Class 60min

6:00pm (6-8yrs) **Beginner Flipping Class** 60min

7:00pm (6yrs+) **Boys Tumbling** 60min

4:00pm (6-8yrs) Accelerated Class 2hours

6:30pm (9yrs+) *Accelerated Class 2hours

WEDNESDAY **9:30am (walking-3yrs)

Bronze Babies 45min **10:30am (walking-3yrs) **Bronze Babies** 45min

3:30pm (walking-3yrs) **Bronze Babies 45min

Silver Stars 55min

Silver Stars 55min

**3:30pm (3-5yrs) Silver Stars 55min 4:00pm (5yrs)

Intro to Rec 60min

4:40pm (3-5yrs) **Silver Stars** 55min

Intro to Rec 60min

Silver Stars 55min

Girls Gymnastics 90min

6:00pm (6-8yrs)

60min

60min

Accelerated Class



9:30am (3-12 Months) **Little Explorers** 45min **5:50pm (walking-3yrs) **Bronze Babies** 45min 10:30am (3-5yrs) Silver Stars 55min 11:30am (3-5yrs) **Silver Stars** 55min 3:30pm (3-5yrs) **Silver Stars** 55min 4:40pm (3-5yrs) **Silver Stars** 55min 5:00pm (5vrs) Intro to Rec 60min **5:50pm (3-5yrs) **Silver Stars** 55min 6:00pm (4-6yrs) *Super Silvers 90min 4:30pm (6-10yrs) **Girls Gymnastics** 90min 6:15pm (6-10yrs) **Girls Gymnastics** 90min 6:15pm (11yrs+) **Girls Gymnastics** 90min 6:00pm (6-8yrs)

THURSDAY

Beginner Flipping Class 60min 7:00pm (9yrs+) **Beginner Flipping Class**

60min 8:00pm (6yrs+) **Boys Tumbling** 60min

7:00pm (9yrs+) Accelerated Class 2hours



SATURDAY

Schedule of Classes

Levittown Gym 2023/24 Fall Schedule

FRIDAY

9:30am (walking-3yrs

Ninja Babies

**10:30am (walking -3yrs)

Bronze Babies

45min

**5:50pm (walking-3yrs)

Bronze Babies

45min

11:30am (3-5yrs)

Silver Stars

55min

3:30pm (3-5yrs)

Silver Stars

55min

4:40pm (3-5yrs)

Silver Stars

55min

5:50pm (3-5yrs)

Silver Stars

55min

4:00pm (4-6yrs)

*Super Silvers

90min

4:30pm (6-10yrs)

Girls Gymnastics

90min

6:15pm (6-10yrs)

Girls Gymnastics

90min

7:00pm (6yrs +)

Advanced Flipping Class

60min

7:00pm (9yrs +)

Beginner Flipping Class

60min

6:00pm (6-8yrs)

*Accelerated Class

2hours

8:30am (walking-3yrs) **Bronze Babies** 45min

9:30am (walking-3yrs) **Bronze Babies 45min

**10:30am (walking-3yrs) Bronze Babies 45min

9:30am (5yrs) Intro to Rec 60min

9:30am (3-5yrs) **Silver Stars 55min

**10:30am (3-5yrs) Silver Stars 55min

11:30am (3-5yrs) **Silver Stars** 55min

11:45am (5yrs) Intro to Rec 60min

12:30pm (3-5yrs) **Silver Stars** 55min

9:00am (4-6yrs) *Super Silvers 90min

9:00am (6-10yrs) **Girls Gymnastics** 90min

10:45am (6-10yrs) **Girls Gymnastics** 90min

12:30pm (6-10yrs) **Girls Gymnastics** 90min

12:30pm (11yrs+) **Girls Gymnastics** 90min

11:00am (6-8yrs) **Beginner Flipping Class** 60min

9:00am (6-8yrs) *Accelerated Class 2hours

12:00pm (9yrs+) **Accelerated Class** 2hours



**9:30am (3-5yrs)

**10:30am (3-5yrs)

5:00pm (5yrs)

5:50pm (3-5yrs)

4:30pm (6-10yrs)

6:15pm (6-10yrs) **Girls Gymnastics**

90min

Beginner Flipping Class

7:00pm (6-8yrs) **Beginner Flipping Class**

4:00pm (9yrs+)

2hours



*Evaluation Required

2hrs/2X a week

New time slots available for groups of 4 or more. Ask office for details.





Schedule of Ninja Classes

Schedule of Developmental Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00pm (4-6yrs) *Super Silvers 90min	6:00pm (4-6yrs) *Super Silvers 90min		6:00pm (4-6yrs) *Super Silvers 90min	4:00pm (4-6yrs) *Super Silvers 90min	9:00am (4-6yrs) *Super Silvers 90min
	4:00pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs		4:00pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs		9:00am (5-7yrs) *Gold Medalists (Optional Day) 2hrs
	5:00-7:00pm *Mini Team		5:00-7:00pm *Mini Team	5:00-7:00pm *Mini Team	
4:15pm *Intro to Club Team 2hrs/2X a week	6:00pm *Intro to Club Team 2hrs/2X a week	5:00pm *Club Team (Juniors) 2hrs/2X a week	5:00pm *Intro to Club Team 2hrs/2X a week		10:30am *Intro to Club Team 2hrs/2X a week
5:00pm *Club Team (Juniors) 2hrs/2X a week		7:00pm *Club Team (Seniors) 2hrs/2X a week			8:30-10:30am *Club Team (Jr & Sr) 2hrs/2X a week
7:00pm *Club Team (Seniors)					

Note: Schedule is subject to change

Sign up online at www.gmgc.com 210 Gardiners Avenue, Levittown, NY 11756 - Tel(516)735-GOLD (4653)