BEGINNER & INTERMEDIATE GROUP COLORS

pink 0 - 3yrs old PRE GYM

vellow 4 - 18yrs old ADVANCED

blue 3 - 6yrs old PRE GYM orange 6 - 18yrs old TUMBLING

green 6 - 18yrs old

red 3 - 11yrs old NINJA

Note: Schedule is subject to change.

Schedule of Classes

Levittown Gym 2024/25 Fall Schedule

*Evaluation Required

•		•			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30am (walking -3yrs)	9:30am (12mos -3yrs)	**9:30am (walking -3yrs)	9:30am (walking -3yrs)	9:30am (walking-3yrs)	8:30am (walking -3yrs)
Bronze Babies	Busy Bees	Bronze Babies	Bronze Babies	Ninja Babies	Bronze Babies
45min	45min	45min	45min	45min	45min
11:30am (walking -3yrs)	10:30am (walking-3yrs)	**10:30am(walking-3yrs)	10:30am (walking-3yrs)	**10:30am (walking -3yrs)	**9:30am (walking-3yrs)
Bronze Babies	Ninja Babies	Bronze Babies	Ninja Babies	Bronze Babies	Bronze Babies
45min	45min	45min	45min	45min	45min
**3:30pm (walking -3yrs)	11:30am (walking-3yrs)	3:30pm (walking -3yrs)	11:30am (3-12 Months)	**5:30pm (walking-3yrs)	**10:30am (walking-3yrs)
Bronze Babies	Bronze Babies	Bronze Babies	Little Explorers	Bronze Babies	Bronze Babies
45min	45min	45min	45min	45min	45min
10:30am (3-4yrs)	3:30pm (walking -3yrs)	**9:30am (3-4yrs)	3:30pm (walking -3yrs)	11:30am (3-4yrs)	9:30am (5yrs)
Silver Stars	Bronze Babies	Silver Stars	Bronze Babies	Silver Stars	Intro to Rec
55min	45min	55min	45min	55min	60min
**3:30pm (3-4yrs)	4:30pm (walking -3yrs)	**10:30am (3-4yrs)	**5:50pm (walking -3yrs)	3:30pm (3-4yrs)	**9:30am (3-4yrs)
Silver Stars	Bronze Babies	Silver Stars	Bronze Babies	Silver Stars	Silver Stars
55min	45min	55min	45min	55min	55min
4:40pm (3-4yrs)	3:30pm (3-4yrs)	4:30pm (3-4yrs)	4:40pm (3-4yrs)	4:30pm (3-4yrs)	**10:30am (3-4yrs)
Silver Stars	Silver Stars	Silver Stars	Silver Stars	Silver Stars	Silver Stars
55min	55min	55min	55min	55min	55min
4:30pm(5yrs)	4:30pm(5yrs)	5:00pm (5yrs)	5:00pm (5yrs)	4:30pm (5yrs)	11:30am (3-4yrs)
Intro to Rec	Intro to Rec	Intro to Rec	Intro to Rec	Intro to Rec	Silver Stars
60min	60min	60min	60min	55min	55min
5:50pm (3-4yrs)	5:30pm (3-4yrs)	5:30pm (3-4yrs)	**5:50pm (3-4yrs)	5:30pm (3-4yrs)	12:30pm (3-4yrs)
Silver Stars	Silver Stars	Silver Stars	Silver Stars	Silver Stars	Silver Stars
55min	55min	55min	55min	55min	55min
6:15pm (4-6yrs)	4:00pm (4-6yrs)	6:00pm (5yrs)	6:00pm (5yrs)	5:00pm (4-6yrs)	9:15am (4-6yrs)
*Super Silvers	*Super Silvers	Intro to Rec	Intro to Rec	*Super Silvers	*Super Silvers
<i>90min</i>	90min	60min	60min	90min	90min
4:20pm (6-10yrs)	4:20pm (6-10yrs)	6:15pm (4-6yrs)	4:15pm (4-6yrs)	4:20pm (6-10yrs) Girls Gymnastics 90min	9:00am (6-10yrs)
Girls Gymnastics	Girls Gymnastics	*Super Silvers	*Super Silvers		Girls Gymnastics
90min	90min	90min	90min		90min
6:00pm (6-10yrs)	6:00pm (6-10yrs)	4:20pm (6-10yrs)	6:00pm (4-6yrs)	6:00pm (6-10yrs)	10:40am (6-10yrs)
Girls Gymnastics	Girls Gymnastics	Girls Gymnastics	*Super Silvers	Girls Gymnastics	Girls Gymnastics
90min	90min	90min	90min	90min	90min
5:00pm (6-8yrs) Beginner Flipping Class 60min	6:00pm (11yrs+) Girls Gymnastics	6:00pm (6-10yrs) Girls Gymnastics	4:20pm (6-10yrs) Girls Gymnastics	4:00pm (9yrs+) Beginner Flipping Class	12:20pm (11yrs+) Girls Gymnastics

6:00pm (9yrs+)

Beginner Flipping Class 60min 7:00pm (6-8yrs)

Advanced Flipping Class 60min

8:00pm (9yrs+) **Boys Tumbling** 60min

5:00pm (6-8yrs) *Accelerated Class 2hours

7:00pm (9yrs+) *Accelerated Class 2hours

<u>90min</u>

4:00pm (6-8yrs) **Boys Tumbling** 60min

6:00pm (6-8yrs) Beginner Flipping Class 60min

7:00pm (9yrs+) Beginner Flipping Class 60min

7:00pm (9yrs+) Advanced Flipping Class 60min

4:00pm (9yrs+) *Accelerated Class 2hours

6:15pm (6-8yrs) *Accelerated Class 2hours

90min

4:00pm (6-8yrs) Beginner Flipping Class 60min

6:00pm (6-8yrs) Beginner Flipping Class 60min

8:00pm (9yrs+) Beginner Flipping Class 60min

4:00pm (6-8yrs) Accelerated Class 2hours

6:15pm (9yrs+) *Accelerated Class 2hours

90min

6:00pm (6-10yrs) Girls Gymnastics 90min

6:00pm (11yrs+) Girls Gymnastics 90min

6:00pm (6-8yrs) Beginner Flipping Class 60min

7:00pm (9yrs+) Beginner Flipping Class 60min

7:00pm (9yrs+) **Boys Tumbling** 60min

8:00pm (9vrs+) Advanced Flipping Class 60min

6:30pm (9yrs+) **Accelerated Class** 2hours

60min

6:00pm (6-8yrs) Beginner Flipping Class 60min

6:00pm (6-8yrs) **Boys Tumbling** 60min

4:00pm (6-8yrs) *Accelerated Class 2hours

6:15pm (9yrs+) *Accelerated Class 2hours

90min

10:00am (6-8yrs) Beginner Flipping Class 60min

11:00am (9yrs+) Beginner Flipping Class 60min

11:00am (6-8yrs) *Accelerated Class 2hours







ADVANCED GROUP COLORS

yellow

*Super Silvers

purple

*Gold Medalists

*Mini & Pre Team

green

*Club Local Team



NINJA

New time slots available for groups of 4 or more.
Ask office for details.



*Evaluation Required

Schedule of Ninja Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00pm (3-5yrs)	10:30am (walking -3yrs)	11:30am (3-5yrs)	10:30am (walking-3yrs)	9:30am (walking-3yrs)	8:30am (3-5yrs)
Little Ninja	Ninja Babies	Little Ninja	Ninja Babies	Ninja Babies	Little Ninja
60min	45min	60min	45min	45min	60min
5:00pm (6-8yrs)	3:30pm (3-5yrs)	4:30pm (3-5yrs)	11:30am (3-5yrs)	11:30am (3-5yrs)	9:45am (6-8yrs)
Ninja Kids	Little Ninja	Little Ninja	Little Ninja	Little Ninja	Ninja Kids
60min	60min	60min	60min	60min	60min
6:15pm (6-8yrs)	4:30pm (3-5yrs)	5:45pm (3-5yrs)	12:45pm (3-5yrs)	12:45pm (3-5yrs)	11:00am (9yrs+)
Ninja Kids	Little Ninja	Little Ninja	Little Ninja	Little Ninja	Ninja Kids
60min	60min	60min	60min	60min	60min
7:30pm (8yrs+)	5:45pm (6-8yrs)	5:45pm (6-8yrs)	5:00pm (6-8yrs)	4:45pm (6-8yrs)	12:15pm (3-5yrs)
Advanced Ninja	Ninja Kids	Ninja Kids	Ninja Kids	Ninja Kids	Little Ninja
60min	60min	60min	60min	60min	60min
	7:00pm (9yrs+)	7:00pm (8yrs+)	6:15pm (6-8yrs)	4:45pm (3-5yrs)	12:15pm (6-8yrs)
	Ninja Kids	Advanced Ninja	Ninja Kids	Little Ninja	Ninja Kids
	60min	60min	60min	60min	60min
	7:00pm (8yrs+) Ninja Team 60min		6:15pm (8yrs+) Ninja Team 60min	6:00pm (3-5yrs) Little Ninja 60min	
				6:00pm (9yrs+) Ninja Kids 60min	

Schedule of Developmental Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:15pm (4-6yrs) *Super Silvers 90min	4:00pm (4-6yrs) *Super Silvers 90min	6:15pm (4-6yrs) *Super Silvers <i>90min</i>	4:15pm (4-6yrs) *Super Silvers 90min	5:00pm (4-6yrs) *Super Silvers <i>90min</i>	9:15am (4-6yrs) *Super Silvers 90min
4:15pm (5-7yrs) *Gold Medalists (M/W/F) 2hrs	5:30pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs	4:15pm (5-7yrs) *Gold Medalists (Optional 3rd Day) 2hrs	6:00pm (4-6yrs) *Super Silvers 90min		11:00am (5-7yrs) *Gold Medalists (Optional 3rd Day) 2hrs
5:00-9:00pm USAG Team Level 4/5 Compulsory	5:00-9:00pm USAG Team Level 4/5 Compulsory		5:30pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs	5:00-9:00pm USAG Team Level 4/5 Compulsory	
5:00-9:00pm USAG Team Level 3 Compulsory		5:00-9:00pm USAG Team Level 3 Compulsory	5:00-9:00pm USAG Team Level 4/5 Compulsory	5:00-9:00pm USAG Team Level 3 Compulsory	
4:00-9:00pm USAG Team Optionals	4:00-9:00pm USAG Team Optionals	4:00-9:00pm USAG Team Optionals	4:00-9:00pm USAG Team Optionals	4:00-9:00pm USAG Team Optionals	
5:00pm *Club Team (Juniors) 2hrs/2X a week	5:00pm *Club Team (Juniors) 2hrs/2X a week	5:00pm *Club Team (Juniors) 2hrs/2X a week	5:00pm *Club Team (Juniors) 2hrs/2X a week	5:00pm *Club Team (Juniors) 2hrs/2X a week	8:30am *Club Team (Juniors) 2hrs/2X a week
7:00pm *Club Team (Seniors) 2hrs/2X a week	6:30pm *ClubTeam(Noncompete) 2hrs/2X a week	7:00pm *Club Team (Seniors) 2hrs/2X a week	6:30pm *ClubTeam(Noncompete) 2hrs/2X a week	7:00pm *Club Team (Seniors) 2hrs/2X a week	10:30am *Club Team (Seniors) 2hrs/2X a week
	7:00pm *Club Team (Seniors) 2hrs/2X a week		7:00pm *Club Team (Seniors) 2hrs/2X a week		

USAG & IGC Competitive Team Programs

Email our office for details at levittown@gmgc.com

Note: Schedule is subject to change

Sign up online at www.gmgc.com

210 Gardiners Avenue, Levittown, NY 11756 - Tel(516)735-GOLD (4653)

