



Find your childs age below for classes

green

0 - 3yrs old PreSchool Gym

3 - 5vrs old

6 - 18vrs old **Beginner & Intermediate Gymnastics**

60min

4:00pm (6-8yrs)

*Accelerated Class

2hours



4 - 18yrs old Advanced Classes



6 - 18yrs old Tumbling Classes

red

NINJA walking - 18yrs old

*Evaluation Required





2024 Summer Schedule

Summer Term #1 July 7th to August 3rd 4 week session*

Summer Term #2 August 4th to August 31st 4 week session*

Fully Air-Conditioned!

MONDAY TUESDAY WEDNESDAY **THURSDAY FRIDAY** 10:30am (walking-3yrs) 9:30am (walking-3yrs) 10:30am (walking-3yrs) 30am (walking-3yrs) Dam (walking-3yrs) Bronze Babies Bronze Babies **Bronze Babies** Ninja Babies Ninja Babies 45min 45min 45min 2:30pm (walking-3yrs) am (walking-3yr 1:30am (walking-3yrs) 4:00pm (walking-3yrs) 11:30am (walking-3yrs) Ninja Babies Ninja Babies Bronze Babies **Bronze Babies** 45min 45min 45min 3:00pm (walking-3yrs) :00pm (walking-3yrs) 3:00pm (walking-3yrs) 4:00pm (walking-3yrs) 10:30am (3-5yrs) **Bronze Babies Bronze Babies Bronze Babies** Silver Stars 45min 45min 45min 55min 5:00pm (walking-3yrs) 5:00pm (walking-3yrs) 5:00pm (walking-3yrs) 9:30am (3-5yrs) 11:30am (3-5yrs) Bronze Babies **Bronze Babies Bronze Babies** Silver Stars Silver Stars 45min 45min 45min 55min 55min 10:30am (3-5yrs) 9:30am (3-5yrs) 9:30am (3-5yrs) 12:30pm (3-5yrs) 2:00pm (3-5yrs) Silver Stars Silver Stars Silver Stars Silver Stars Silver Stars 55min 55min 55min 55min 55min 11:30am (3-5yrs) 12:30pm (3-5yrs) 3:00pm (3-5yrs) 2:00pm (3-5yrs) 3:00pm (3-5yrs) Silver Stars Silver Stars Silver Stars Silver Stars Silver Stars 55min 55min 55min 55min 55min 3:00pm (3-5yrs) 3:00pm (5yrs) 3:00pm (3-5yrs) 3:00pm (3-5yrs) Silver Stars Silver Stars 3:00pm (5yrs) Intro to Rec 55min Silver Stars Intro to Rec 55min 60min 60min 55min 3:00pm (5yrs) 4:00pm (3-5yrs) 4:00pm (3-5yrs) 4:00pm (3-5yrs) Intro to Rec Silver Stars 4:15pm (5yrs) Silver Stars 60min Silver Stars 55min Intro to Rec 55min 55min 60min 4:00pm (3-5yrs) 4:15pm (5yrs) 4:15pm (5yrs) 5:30pm (5yrs) Silver Stars Intro to Rec 4:15pm (5yrs) Intro to Rec 55min 60min Intro to Rec Intro to Rec 60min 60min 60min 4:15pm (5yrs) 5:00pm (3-5yrs) 5:00pm (3-5yrs) Intro to Rec Silver Stars Silver Stars 6:45pm (5yrs) 5:30pm (5yrs) 60min 55min 55min Intro to Rec Intro to Rec 5:00pm (3-5yrs) 5:30pm (5yrs) 60min 60min 5:30pm (5yrs) Silver Stars Intro to Rec Intro to Rec 4:00pm (4-6yrs) 4:00pm (11yrs+) 60min 55min *Super Silvers 60min Girls Gymnastics 90min 5:30pm (5yrs) 6:45pm (5yrs) 4:00pm (4-6yrs) 90min Super Silvers Intro to Rec Intro to Rec 4:00pm (6-10yrs) 4:00pm (9yrs+) 90min 60min 60min Girls Gymnastics *Accelerated Class 5:30pm (4-6yrs) 4:00pm (4-6yrs) 90min 4:00pm (6-10yrs) 2hours *Super Silvers *Super Silvers Girls Gymnastics 4:30pm (9yrs+) 6:15pm (6-8yrs) 90min 90min 90min Advanced Flipping Class *Accelerated Class 5:45pm (6-10vrs) 4:00pm (6-10vrs) 4:00pm (6-10yrs) 60min 2hours Girls Gymnastics 90min Girls Gymnastics Girls Gymnastics 5:30pm (6-8yrs) 4:30pm (6-8yrs) 90min 90min Beginner Flipping Class Beginner Flipping Class 5:00pm (6-8yrs) 4:30pm (6-8yrs) 5:45pm (11yrs+) 60min 60min Advanced Flipping Class Advanced Flipping Class Girls Gymnastics 7:00pm (9yrs+) 5:45pm (6-8yrs) 90min 60min 60min Advanced Flipping Class **Boys Tumbling Class** 6:00pm (9yrs+) 5:30pm (6-8yrs) 5:30pm (9yrs+) 60min 60min Beginner Flipping Class Beginner Flipping Class Beginner Flipping Class 4:00pm (6-8yrs)



*Accelerated Class

2hours

7:00pm (9yrs+)

Advanced Flipping Class

60min

60min

6:30pm (6-8yrs)

Advanced Flipping Class

60min 4:00pm (9yrs+)

*Accelerated Class

2hours

60min

7:00pm (9yrs+)

Boys Tumbling Class

60min

4:00pm (9yrs+)

*Accelerated Class

2hours





Find your childs class below

*Super Silvers

green *Club Local Team

purple

*Gold Medalists

*Mini & Pre Team

red

NINJA walking - 18yrs old





2024 Summer Schedule

*Evaluation Required

Schedule of Ninja Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 10:30am (walking-3yrs) Ninja Babies 45min							
11:30am (walking -3yrs) Ninja Babies <i>45min</i>	12:30pm (walking-3yrs) Ninja Babies 45min	11:30am (walking -3yrs) Ninja Babies 45min	11:30am (walking -3yrs) Ninja Babies 45min								
4:30pm (3-5yrs) Little Ninja <i>60min</i>	4:30pm (3-5yrs) Little Ninja <i>60min</i>	2:00pm (walking-3yrs) Ninja Babies 45min	4:30pm (3-5yrs) Little Ninja 60min	4:30pm (3-5yrs) Little Ninja <i>60min</i>							
5:45pm (9yrs+) Ninja Kids <i>60mi</i> n	5:45pm (6-8yrs) Ninja Kids <i>60min</i>	3:15pm (3-5yrs) Little Ninja <i>60min</i>	4:30pm (6-8yrs) Ninja Kids <i>60min</i>	5:45pm (6-8yrs) Ninja Kids 60min							
5:45pm (6yrs+) Advanced Ninja <i>60min</i>	7:00pm (6yrs+) Advanced Ninja <i>60min</i>	4:30pm (6-8yrs) Ninja Kids <i>60min</i>	5:45pm (9yrs+) Ninja Kids <i>60mi</i> n	7:00pm (9yrs+) Ninja Kids <i>60min</i>							
7:00pm (6yrs+) Ninja Team <i>60min</i>		5:45pm (6-8yrs) Ninja Kids 60min	7:00pm (6yrs+) Ninja Team <i>60min</i>								
		7:00pm (6yrs+) Advanced Ninja <i>60min</i>									

Schedule of Developmental Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00pm (4-6yrs) *Super Silvers 90min	5:30pm (4-6yrs) *Super Silvers 90min	4:00pm (4-6yrs) *Super Silvers 90min	4:00pm (4-6yrs) *Super Silvers <i>90min</i>	
5:30pm (5-7yrs) *Gold Medalists (Mon/Wed) 2hrs	4:30pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs	5:30pm (5-7yrs) *Gold Medalists (Mon/Wed) 2hrs	5:30pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs	
4:30pm *ClubTeam (Juniors) 2hrs/2X a week		4:30pm *ClubTeam (Juniors) 2hrs/2X a week	4:30pm *ClubTeam (Juniors) 2hrs/2X a week	
6:00pm *ClubTeam (Seniors) 2hrs/2X a week		6:00pm *ClubTeam (Seniors) 2hrs/2X a week	6:00pm *ClubTeam (Seniors) 2hrs/2X a week	Note: Schedule is subject to change

Summer Autocharge - 4 wee							eks			itoci JGUS		e dat	te in re		
Γ	Summer Term #1 Su Mo Tu We Th Fr Sa							Ш	Summer Term #2 Su Mo Tu We Th Fr Sa						
	Su	MIO	Tu	we	In	FT	Sa	Ш	Su	MO	Iu	we	111	PT	Sa
	7	8	9	10	11	12	13	Ш	4	5	6	7	8	9	10
	14	15	16	17	18	19	20	Ш	11	12	13	14	15	16	17
	21	22	23	24	25	26	27	Ш	18	19	20	21	22	23	24
	28	29	30	31	1	2	3	Ш	25	26	27	28	29	30	31



SIGN UP TODAY!

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