



#### Find your childs age below for classes

pink

0 - 3yrs old PreSchool Gym

3 - 5yrs old PreSchool Gym

6 - 18yrs old **Beginner & Intermediate Gymnastics** 



4 - 18yrs old **Advanced Classes** 



6 - 18yrs old Tumbling Classes



NINJA walking - 18yrs old

\*Evaluation Required





Summer Term #1 July 6<sup>th</sup> to August 2<sup>nd</sup>
\*\*4 week session\*\*

Summer Term #2 August 3<sup>rd</sup> to August 30<sup>th</sup>
\*\*4 week session\*\*

Fully Air-Conditioned!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:30am (walking-3yrs)	9:30am (walking-3yrs)	9:30am (3-12months)	9:30am (walking- 3yrs)	9:30am (walking- 3yrs)
Bronze Babies	Bronze Babies	Little Explorers	Bronze Babies	Bronze Babies
<i>45min</i>	45min	45min	45min	45min
9:30am (3-4yrs)	11:45am (walking-3yrs)	10:30am (walking-3yrs)	11:45am (walking- 3yrs)	11:45am (walking- 3yrs)
Silver Stars	Bronze Babies	Bronze Babies	Bronze Babies	Bronze Babies
<i>55min</i>	<i>45min</i>	45min	<i>45min</i>	<i>45min</i>
11:30am (3-4yrs)	5:15pm (walking-3yrs)	3:15pm (3-4yrs)	5:15pm (walking- 3yrs)	10:30am (3-4yrs)
Silver Stars	Bronze Babies	Silver Stars	Bronze Babies	Silver Stars
<i>55min</i>	<i>45min</i>	<i>55min</i>	<i>45min</i>	<i>55min</i>
3:30pm (5yrs)	10:30am (3-4yrs)	5:15pm (3-4yrs)	10:30am (3-4yrs)	
Intro to Rec	Silver Stars	Silver Stars	Silver Stars	
<i>60min</i>	<i>55min</i>	<i>55min</i>	<i>55min</i>	
4:30pm (5yrs)	3:30pm (5yrs)	5:30pm (5yrs)	4:15pm (3-4yrs)	0)
Intro to Rec	Intro to Rec	Intro to Rec	Silver Stars	
<i>60min</i>	<i>60min</i>	<i>60min</i>	<i>55min</i>	
5:15pm (3-4yrs) Silver Stars <i>55min</i>	4:15pm (3-4yrs) Silver Stars <i>55min</i>			
	4:30pm (5yrs) Intro to Rec <i>60min</i>			
4:30pm (4-6yrs)	4:30pm (4-6yrs)	4:30pm (4-6yrs)	4:30pm (4-6yrs)	
*Super Silvers	*Super Silvers	*Super Silvers	*Super Silvers	
90min	90min	90min	90min	
4:15pm (6-10yrs)	4:15pm (6-10yrs)	3:00pm (6-10yrs)	4:15pm (6-10yrs)	
Girls Gymnastics	Girls Gymnastics	Girls Gymnastics	Girls Gymnastics	
90min	90min	<i>90min</i>	<i>90min</i>	
4:00pm (6-8yrs)	6:00pm (All Ages)	4:15pm (6-10yrs)	6:00pm (All Ages)	(O)
Beginner Flipping	Girls Gymnastics	Girls Gymnastics	Girls Gymnastics	
<i>60min</i>	90min	<i>90min</i>	90min	
7:00pm (9yrs+)	5:00pm (6-8yrs)	6:00pm (All Ages)	4:00pm (6-8yrs)	
Beginner Flipping	Beginner Flipping	Girls Gymnastics	Beginner Flipping	
<i>60mi</i> n	<i>60mi</i> n	<i>90min</i>	<i>60mi</i> n	
4:00pm (6-8yrs)	5:00pm (6-8yrs)	7:00pm (10yrs+)	5:00pm (6-8yrs)	
*Accelerated Class	*Accelerated Class	Beginner Flipping	Beginner Flipping	
2hours	2hours	<i>60mi</i> n	<i>60mi</i> n	
6:00pm (9yrs+)	6:00pm (9yrs +)	5:00pm (6-8yrs)	6:00pm (9yrs+)	
*Accelerated Class	*Accelerated Class	*Accelerated Class	Beginner Flipping	
2hours	2hours	2hours	<i>60mi</i> n	
		6:00pm (9yrs+) *Accelerated Class 2hours	4:00pm (6-8yrs) *Accelerated Class 2hours	

**Note:** Schedule is subject to change. New time slots available for groups of 4 or more. Ask office for details.







## Find your childs class below \*Super Silvers

**MONDAY** 

5:00pm (6yrs+)

\*Ninja Team

\*Club Team

\*Gold Medalists

NINJA walking - 18yrs old

\*Mini & Pre Team

purple





2025 Summer Schedule

**FRIDAY** 

\*Evaluation Required

### Schedule of Ninja Classes WEDNESDAY

**TUESDAY** 4:00pm (3-5yrs) Little Ninja 4:00pm (3-5yrs)

Little Ninja 60min 5:00pm (3-5yrs) Little Ninja

6:00pm (6-8yrs) Ninja Kidś

4:00pm (3-5yrs) Little Ninja

5:00pm (3-5yrs) Little Ninja

6:00pm (6yrs+) \*Ninja Team

4:00pm (3-5yrs) Little Ninja

**THURSDAY** 

5:00pm (6-8yrs) Ninja Kids



# Schedule of Developmental Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4:30pm (4-6yrs) *Super Silvers 90min	4:30pm (4-6yrs) *Super Silvers 90min	4:30pm (4-6yrs) *Super Silvers <i>90min</i>	
4:00pm (5-7yrs) *Gold Medalists (Mon/Wed) 2hrs	5:00pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs	4:00pm (5-7yrs) *Gold Medalists (Mon/Wed) 2hrs	5:00pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs	
	6:00pm *ClubTeam (Jr) 2hrs/2X a week		6:00pm *Club Team (Jr) 2hrs/2X a week	Note: Schedule is subject to change



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J	V	L	Y

Summer Term #1						
Su	Mo	Tu	We	Th	Fr	Sa
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

#### \*Autocharge date in red

### **AUGUST**

Summer Term #2						
Su	Mo	Tu	We	Th	Fr	Sa
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

