



0 - 3yrs old PreSchool Gym

3 - 5yrs old PreSchool Gym

6 - 18yrs old Beginner & Intermediate Gymnastics

4 - 18yrs old Advanced Classes

6 - 18yrs old Tumbling Classes

NINJA walking - 18yrs old

*Evaluation Required





2025 Summer Schedule

Summer Term #1 July 6th to August 2nd 4 week session*

Summer Term #2 August 3rd to August 30th *4 week session*

Fully Air-Conditioned!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00am (walking- 3yrs)	10:00am (walking-3yrs)	10:00am (walking-3yrs)	11:00am (walking-3yrs)	10:00am (walking-3y
Bronze Babies	Bronze Babies	Ninja Babies	Bronze Babies	Bronze Babies
45min	45min	<i>45min</i>	45min	<i>45min</i>
5:00pm (walking- 3yrs)	11:00am (walking- 3yrs)	11:00am (walking-3yrs)	4:30pm (walking-3yrs)	
Bronze Babies	Bronze Babies	Bronze Babies	Bronze Babies	
45min	<i>45min</i>	<i>45min</i>	45min	
	4:30pm (walking- 3yrs) Bronze Babies 45min			
	10:00am (3-4yrs)	10:00am (3-4yrs)	10:00am (3-4yrs)	10:00am (3-4yrs
	Silver Stars	Silver Stars	Silver Stars	Silver Stars
	<i>55min</i>	<i>55min</i>	<i>55min</i>	<i>55min</i>
11:00am (3-4yrs)	11:00am (3-4yrs)	11:00am (3-4yrs)	4:30pm (3-4yrs)	11:00am (3-4yrs
Silver Stars	Silver Stars	Silver Stars	Silver Stars	Silver Stars
55min	<i>55min</i>	<i>55min</i>	<i>55min</i>	<i>55min</i>
4:00pm (3-4yrs)	4:30pm (3-4yrs)	4:30pm (3-4yrs)	5:30pm (5yrs)	11:00pm (5yrs)
Silver Stars	Silver Stars	Silver Stars	Intro to Rec	Intro to Rec
55min	<i>55mi</i> n	<i>55min</i>	<i>60min</i>	<i>60min</i>
4:00pm (5yrs)	5:30pm (3-4yrs)	4:30pm (5yrs)	5:30pm (3-4yrs)	
Intro to Rec	Silver Stars	Intro to Rec	Silver Stars	
<i>60min</i>	<i>55min</i>	<i>60min</i>	<i>55mi</i> n	
5:00pm (3-4yrs) Silver Stars 55min	5:30pm (5yrs) Intro to Rec <i>60min</i>	5:30pm (3-4yrs) Silver Stars <i>55min</i>		
		5:30pm (5yrs) Intro to Rec <i>60min</i>		
	4:00pm (4-6yrs) *Super Silvers <i>90min</i>	5:30pm (4-6yrs) *Super Silvers <i>90min</i>		
4:30pm (6-10yrs)	4:30pm (6-10yrs)	4:30pm (6-10yrs)	4:30pm (6-10yrs)	
Girls Gymnastics	Girls Gymnastics	Girls Gymnastics	Girls Gymnastics	
<i>90min</i>	<i>90min</i>	<i>90min</i>	<i>90min</i>	
6:00pm (6-8yrs)	6:15pm (6-10yrs)	6:15pm (6-10yrs)	6:15pm (6-10yrs)	()
Beginner Flipping	Girls Gymnastics	Girls Gymnastics	Girls Gymnastics	
<i>60min</i>	<i>90min</i>	<i>90min</i>	<i>90min</i>	
7:00pm (9yrs+)	6:00pm (9yrs+)	6:15pm (11yrs+)	5:00pm (6-8yrs)	
Beginner Flipping	Beginner Flipping	Girls Gymnastics	Beginner Flipping	
<i>60min</i>	<i>60mi</i> n	<i>90min</i>	<i>60mi</i> n	
6:15pm (6-8yrs)	7:00pm (6yrs+)	4:00pm (6-8yrs)	6:00pm (9yrs+)	
*Accelerated Class	*Advanced Flipping	*Accelerated Class	Beginner Flipping	
2hours	<i>60mi</i> n	2hours	<i>60mi</i> n	
	6:15pm (9yrs+) *Accelerated Class 2hours	6:15pm (9yrs+) *Accelerated Class 2hours	6:15pm (6-8yrs) *Accelerated Class 2hours	
			7:00pm (9yrs+) *Accelerated Class 2hours	

Note: Schedule is subject to change. New time slots available for groups of 4 or more. Ask office for details.











*Super Silvers

*Club Team green

purple

*Gold Medalists

NINJA walking - 18yrs old







2025 Summer Schedule

Schedule of Ninja Classes

MONDAY TUESDAY WEDNESDAY **THURSDAY**

4:30pm (3-5yrs) Little Ninja

4:30pm (6-8yrs) Ninja Kids

5:30pm (3-5yrs) Little Ninja

Ninja Kids

6:30pm (6yrs+) *Ninja Team

2hrs/2X a week

Little Ninja

4:30pm (3-5yrs) Little Ninja

4:30pm (6-8yrs) Ninja Kidś

Ninja Kids

5:45pm (9yrs+) Ninja Kids

10:00am (walking-3yrs Ninja Babies

4:30pm (3-5yrs) Little Ninja

4:30pm (6-8yrs) Ninja Kids

Little Ninja

5:30pm (6-8yrs) Ninja Kids

6:30pm (6yrs+) *Ninja Team

4:30pm (3-5yrs) Little Ninja

Little Ninja

4:30pm (6-8yrs) Ninja Kids

5:30pm (9yrs+) Ninja Kids

5:30pm (6yrs+) *Ninja Team

FRIDAY

12:00pm (3-5yrs) Little Ninja

Schedule of Developmental Classes

TUESDAY WEDNESDAY **THURSDAY** MONDAY 4:00pm (4-6yrs) 5:30pm (4-6yrs) *Super Silvers *Super Silvérs 90min 90min 5:30pm (5-7yrs) 5:30pm (5-7yrs) *Gold Medalists *Gold Medalists (Tue/Thu) 2hrs (Tue/Thu) 2hrs 6:00pm *Club Team

6:00pm *Club Team

1:00pm *Club Team 2hrs/2X a week

FRIDAY

Note: Schedule is subject to change

Summer Autocharge - 4 weeks

*Autocharge date in red

2hrs/2X a week

JULY

Γ	Summer Term #1						
	Su	Mo	Tu	We	Th	Fr	Sa
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31	1	2

AUGUST

Summer Term #2						
Su	Mo	Tu	We	Th	Fr	Sa
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30