

Summer CLASSES



Find your child's age below for classes

- pink **0 - 3yrs old**
PreSchool Gym
- yellow **4 - 18yrs old**
Advanced Classes
- blue **3 - 5yrs old**
PreSchool Gym
- orange **6 - 18yrs old**
Tumbling Classes
- green **6 - 18yrs old**
Beginner & Intermediate Gymnastics
- red **NINJA walking - 18yrs old**

2025 Summer Schedule

Summer Term #1
July 6th to August 2nd
4 week session

Summer Term #2
August 3rd to August 30th
4 week session

**Evaluation Required*

Fully Air-Conditioned!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:30pm (walking-3yrs) Bronze Babies 45min	5:30pm (walking-3yrs) Ninja Babies 45min	4:30pm (walking-3yrs) Bronze Babies 45min	3:30pm (walking-3yrs) Ninja Babies 45min	10:30am (walking-3yrs) Ninja Babies 45min
4:30pm (3-4yrs) Silver Stars 55min	3:30pm (3-4yrs) Silver Stars 55min	3:30pm (3-4yrs) Silver Stars 55min	4:30pm (3-4yrs) Silver Stars 55min	11:30am (walking-3yrs) Bronze Babies 45min
4:30pm (5yrs) Intro to Rec 60min	4:30pm (3-4yrs) Silver Stars 55min	4:30pm (5yrs) Intro to Rec 60min	5:30pm (5yrs) Intro to Rec 60min	
5:30pm (3-4yrs) Silver Stars 55min	5:30pm (5yrs) Intro to Rec 60min	5:30pm (3-4yrs) Silver Stars 55min		
4:00pm (4-6yrs) *Super Silvers 90min	5:30pm (4-6yrs) *Super Silvers 90min	4:00pm (4-6yrs) *Super Silvers 90min	4:00pm (4-6yrs) *Super Silvers 90min	
4:00pm (6-10yrs) Girls Gymnastics 90min	4:00pm (6-10yrs) Girls Gymnastics 90min	4:00pm (6-10yrs) Girls Gymnastics 90min	4:00pm (6-10yrs) Girls Gymnastics 90min	
5:45pm (6-10yrs) Girls Gymnastics 90min	5:45pm (6-10yrs) Girls Gymnastics 90min	5:45pm (6-10yrs) Girls Gymnastics 90min	5:45pm (6-10yrs) Girls Gymnastics 90min	
4:00pm (6-8yrs) *Advanced Flipping 60min	5:45pm (11yrs+) Girls Gymnastics 90min	6:00pm (6yrs+) Boys Tumbling Class 60min	5:45pm (11yrs+) Girls Gymnastics 90min	
5:00pm (9yrs+) *Advanced Flipping 60min	5:30pm (6-8yrs) Beginner Flipping 60min	7:00pm (9yrs+) Beginner Flipping 60min	4:00pm (6-8yrs) *Advanced Flipping 60min	
6:00pm (6yrs+) Boys Tumbling Class 60min	6:30pm (9yrs+) *Advanced Flipping 60min		5:00pm (9yrs+) *Advanced Flipping 60min	
5:30pm (6-8yrs) *Accelerated Class 2hours	4:00pm (6-8yrs) *Accelerated Class 2hours	5:30pm (9yrs+) *Accelerated Class 2hours		
	6:00pm (9yrs+) *Accelerated Class 2hours		5:30pm (9yrs+) *Accelerated Class 2hours	

Note: Schedule is subject to change. New time slots available for groups of 4 or more. Ask office for details.

SIGN UP TODAY!
GMGC.COM



Summer CLASSES

2025 Summer Schedule



Find your child's class below

yellow	*Super Silvers	green	*Club Team
purple	*Gold Medalists	red	NINJA walking - 18yrs old
pink	*Mini & Pre Team		

**Evaluation Required*

Schedule of Ninja Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:30pm (3-5yrs) Little Ninja 60min	5:30pm (walking-3yrs) Ninja Babies 45min	3:15pm (3-5yrs) Little Ninja 60min	3:30pm (walking-3yrs) Ninja Babies 45min	10:30am (walking-3yrs) Ninja Babies 45min
5:45pm (9yrs+) Ninja Kids 60min	4:30pm (3-5yrs) Little Ninja 60min	4:30pm (6-8yrs) Ninja Kids 60min	4:30pm (3-5yrs) Little Ninja 60min	
	5:45pm (6-8yrs) Ninja Kids 60min		4:30pm (6-8yrs) Ninja Kids 60min	
			7:00pm (6yrs+) *Ninja Team 60min	

Schedule of Developmental Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00pm (4-6yrs) *Super Silvers 90min	5:30pm (4-6yrs) *Super Silvers 90min	4:00pm (4-6yrs) *Super Silvers 90min	4:00pm (4-6yrs) *Super Silvers 90min	
5:30pm (5-7yrs) *Gold Medalists (Mon/Wed) 2hrs	4:30pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs	5:30pm (5-7yrs) *Gold Medalists (Mon/Wed) 2hrs	4:30pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs	
4:30pm *Club Team (Juniors) 2hrs/2X a week		4:30pm *Club Team (Juniors) 2hrs/2X a week	4:30pm *Club Team (Juniors) 2hrs/2X a week	
5:30pm (Non Compete) *Club Team 2hrs/2X a week		5:30pm (Non Compete) *Club Team 2hrs/2X a week	6:00pm *Club Team (Seniors) 2hrs/2X a week	
6:00pm *Club Team (Seniors) 2hrs/2X a week		6:00pm *Club Team (Seniors) 2hrs/2X a week		

Note: Schedule is subject to change

Summer Autocharge - 4 weeks

***Autocharge date in red**

JULY

Summer Term #1						
Su	Mo	Tu	We	Th	Fr	Sa
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

AUGUST

Summer Term #2						
Su	Mo	Tu	We	Th	Fr	Sa
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30