

# Summer CLASSES

## 2025 Summer Schedule

**Summer Term #1**  
July 6<sup>th</sup> to August 2<sup>nd</sup>  
\*\*4 week session\*\*

**Summer Term #2**  
August 3<sup>rd</sup> to August 30<sup>th</sup>  
\*\*4 week session\*\*

**Find your child's age below for classes**

<b>pink</b> 0 - 3yrs old PreSchool Gym	<b>yellow</b> 4 - 18yrs old Advanced Classes
<b>blue</b> 3 - 5yrs old PreSchool Gym	<b>orange</b> 6 - 18yrs old Tumbling Classes
<b>green</b> 6 - 18yrs old Beginner & Intermediate Gymnastics	<b>red</b> NINJA walking - 18yrs old

\*Evaluation Required

Fully Air-Conditioned!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:45am (walking- 3yrs) Bronze Babies 45min	11:00am (walking- 3yrs) Bronze Babies 45min	9:45am (walking- 3yrs) Bronze Babies 45min	11:00am (walking- 3yrs) Bronze Babies 45min	9:45am (walking- 3yrs) Bronze Babies 45min
10:45am (walking- 3yrs) Bronze Babies 45min	5:30pm (walking- 3yrs) Bronze Babies 45min		6:15pm (walking- 3yrs) Bronze Babies 45min	10:30am (walking-3yrs) Baby Ninja 45min
	6:15pm (walking-3yrs) Baby Ninja 45min	10:45am (3-4yrs) Silver Stars 55min	9:45am (3-4yrs) Silver Stars 55min	11:30am (3-4yrs) Silver Stars 55min
11:40am (3-4yrs) Silver Stars 55min	9:45am (3-4yrs) Silver Stars 55min	11:45am (3-4yrs) Silver Stars 55min	4:15pm (3-4yrs) Silver Stars 55min	
	10:45am (5yrs) Intro to Rec 60min	4:15pm (5yrs) Intro to Rec 60min	4:15pm (5yrs) Intro to Rec 60min	
	4:15pm (3-4yrs) Silver Stars 55min	5:30pm (3-4yrs) Silver Stars 55min	5:15pm (3-4yrs) Silver Stars 55min	
	5:15pm (5yrs) Intro to Rec 60min	5:30pm (5yrs) Intro to Rec 60min		
	4:00pm (4-6yrs) *Super Silvers 90min		4:00pm (4-6yrs) *Super Silvers 90min	9:45am (4-6yrs) *Super Silvers 90min
4:30pm (6-9yrs) Girls Gymnastics 90min	6:30pm (10yrs+) Girls Gymnastics 90min	12:00pm (6-9yrs) Girls Gymnastics 90min	4:45pm (6-9yrs) Girls Gymnastics 90min	
6:30pm (6-9yrs) Girls Gymnastics 90min		4:45pm (6-9yrs) Girls Gymnastics 90min	6:30pm (6-9yrs) Girls Gymnastics 90min	
5:00pm (6-8yrs) Beginner Flipping 60min		6:30pm (10yrs+) Girls Gymnastics 90min		
6:15pm (6-8yrs) Intro to Tumbling 60min		4:15pm (6-8yrs) *Advanced Flipping 60min	5:15pm (6-8yrs) Intro to Tumbling 60min	
7:30pm (6-8yrs) Beginner Flipping 60min		5:30pm (6-8yrs) Intro to Tumbling 60min	6:30pm (6-8yrs) Beginner Flipping 60min	
	4:00pm (6-8yrs) *Little Accelerated Class 2hours	6:45pm (6-8yrs) Beginner Flipping 60min		11:30am (9yrs+) *Accelerated Class 2hours
6:15pm (6-8yrs) *Little Accelerated Class 2hours	6:15pm (9yrs+) *Accelerated Class 2hours	9:45am (All Ages) *Accelerated Class 2hours		1:30pm (6-8yrs) *Little Accelerated Class 2hours

**Note: Schedule is subject to change. New time slots available for groups of 4 or more. Ask office for details.**

**SIGN UP TODAY!**  
**GMGC.COM**



Rocky Point Location: 291 Route 25A, Rocky Point, NY 11778 631-821-2100

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**Find your child's class below**

<b>yellow</b> *Super Silvers	<b>green</b> *Club Team
<b>purple</b> *Gold Medalists	<b>red</b> NINJA walking - 18yrs old
<b>pink</b> *Mini & Pre Team	

*\*Evaluation Required*

### Schedule of Ninja Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:00pm (3-5yrs) Little Ninja 60min	3:30pm (6-8yrs) Ninja Kids 60min	3:00pm (3-5yrs) Little Ninja 60min	3:00pm (3-5yrs) Little Ninja 60min	10:30am (walking-3yrs) Baby Ninja 45min
4:15pm (6-8yrs) Ninja Kids 60min	4:45pm (3-5yrs) Little Ninja 60min	4:15pm (6-8yrs) Ninja Kids 60min	4:15pm (3-5yrs) Little Ninja 60min	11:45am (3-5yrs) Little Ninja 60min
5:30pm (3-5yrs) Little Ninja 60min	6:00pm (9yrs+) Ninja Kids 60min	5:30pm (3-5yrs) Little Ninja 60min		1:00pm (6-8yrs) Ninja Kids 60min
6:45pm (6-8yrs) Ninja Kids 60min	6:15pm (walking-3yrs) Baby Ninja 45min	6:45pm (9yrs+) Ninja Team 60min		
6:45pm (6yrs+) *Ninja Team 60min		6:45pm (6yrs+) *Ninja Team 60min		

### Schedule of Developmental Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4:00pm (4-6yrs) *Super Silvers 90min		4:00pm (4-6yrs) *Super Silvers 90min	9:45am (4-6yrs) *Super Silvers 90min
	5:45pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs		5:45pm (5-7yrs) *Gold Medalists (Tue/Thu) 2hrs	
	4:00pm *Club Team (Jr) 2hrs/2X a week		4:00pm *Club Team (Jr) 2hrs/2X a week	11:30am *Club Team 3rd Day 2hrs/2X a week
	6:00pm *Club Team (Sr) 2hrs/2X a week		6:00pm *Club Team (Sr) 2hrs/2X a week	

**Note: Schedule is subject to change**

#### Summer Autocharge - 4 weeks

**\*Autocharge date in red**

JULY							AUGUST						
Summer Term #1							Summer Term #2						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31	1	2	24	25	26	27	28	29	30